

VITA
DARLENE WILLIAMS, Ph.D.

OFFICE LOCATIONS

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EDUCATION

Doctor of Psychology degree (Ph.D.) from an APA-accredited Clinical Psychology doctoral program - Nova University. 08/87 - 12/93.

M.S. degree in Clinical Psychology. Nova University. 08/87 - 05/89.

M.A. degree in General Psychology. University of West Florida. 08/85 - 05/87.

B.A. degree in Psychology. Minors: Human Development and Theater. University of Alabama. 08/81 - 05/85.

ACADEMIC HONORS

1994 Nova Southeastern University Research Award for dissertation research.

1987 Recipient of the Stephen Bufton Memorial Scholarship.

1981-1987 Recipient of the following scholarships:
 The Linly Heflin Unit
 American Businesswomen's Association
 William Hunter Scholarship

1981-1984 The Rotary Club of Shades Valley

1984 Member Psi Chi (Psychology Honor Society)
 Dean's List

RESEARCH AND FIELD-RELATED EXPERIENCES

3/19-9/19 Contract evaluator for veterans' disability claims: JFZ & Associates, Chicago, IL.

6/18 Co-developer and facilitator of grief recovery retreat for survivors of traumatic grief. Retreat included Equine-assisted Psychotherapy, Rapid resolution therapy, and holistic healing interventions for physiological concomitants of trauma. Held at Legacy Lane Farm, Brooksville, Florida, 6/7 - 6/10, 2018.

2016 & 2020 Board member, Institute for Survivors of Sexual Violence, Inc., Tampa, Florida.

- 1/16 Cofounder, program director, and co-therapist of: Equusolutions, Inc., now a 501(c)(3) as of 1/16.
- 1/15-present Member of treatment team for The Circle of Veterans and Families, Inc., Dade City, Florida. Program Director for holistic healing retreats for veterans and their families. Clinician for monthly equine-assisted psychotherapy program.
- 8/13-present Psychologist (PRN) for Achieve Wellness Group. Responsibilities include Providing treatment, evaluation, and consultation for residents at nursing/ Rehabilitation facilities. Clients treated range in age from 50-100, with diverse diagnoses and varying levels of functioning.
- 8/12-2/13 Psychologist for Windmoor Hospital, outpatient military treatment program. Was contracted to provide CPT services for hospital patients identified as suffering from PTSD.
- 2012-2020 Member of Peace4Tarpon, grass roots community awareness nonprofit, promoting trauma awareness & resiliency. Served on Education & Training Committee, 2018, Presenter of: Equine-assisted psychotherapy/learning as a means of trauma recovery. 9/2017; Co-facilitator of: Equine-assisted growth & learning workshop. Hands on experience for community agencies regarding equine modalities for veterans & 1st responders, Circle of Veterans transitional veterans farm, Dade City, FL 3/12/17.
- 12/10-5/11 Mental Health Consultant for US Dept. of Labor, Job Corps-Center for Excellence, St. Petersburg, FL. Duties included: direct service to late teen-young adult trainees who presented with a variety of mental and substance abuse issues, consultation with staff re: trainee needs, staff training re: mental health issues, and attending monthly meetings with consultants nationwide.
- 12/09 Program Director & Founder of Horse Corps: a FREE group therapy program for military women with PTSD and/or MST, utilizing equine co-facilitated technologies (see www.horsecorps.com).
- 3/09 & 3/14 Approved by the American Psychological Association to sponsor continuing education for psychologists, offering workshops on treating military women with PTSD and/or MST (see www.attitudemeetings.com).
- 2009 Co-founder of Equusolutions, Inc., a not-for-profit organization using rescue horses to treat individuals suffering from trauma using the EAGALA Model.
- 10/08-present Pro bono therapist for Give-An-Hour.org

- 9/08-11/09 Co-facilitator for At E.A.S.E. Equine Assisted Self-Exploration program for returning veterans, under contract with James Haley VA and Quantum Leap Farm, Inc., Tampa, FL.
- 3/07 Co-founder, Sunsong Holistic Healing Retreats and Workshops (www.sunsongretreats.com).
- 1/05-1/07 Associate Trainer and founding member for the American Institute for Rapid Trauma Resolution and the International Academy for Advanced Clinical Hypnosis. Responsible for training mental health professionals in clinical hypnosis techniques for rapid trauma resolution.
- 11/04-present Board Member: Institute for Survivors of Sexual Violence, Jupiter, FL.
- 6/03-2/04 Host and facilitator for monthly meeting of The Tampa Bay Trauma and Dissociation Study Group.
- 5/03 Co-founder – Sunset Retreats.
- 1/03 Certified by the Equine-assisted Growth and Learning Association (Internationally recognized credentialing organization) as an Equine-assisted Psychotherapist.
- 1/02-present Psychologist, private practice. Offices in Tarpon Springs and Westchase, FL. Provide individual, couples, group & family therapy psychotherapy, ages 2-102, including hearing impaired clients. Transpersonal and Cognitive psychotherapy, Forensic Psychology, consultation, Equine-assisted psychotherapy, RRT, retreats, workshops, hypnotherapy.
- 1/02-12/02 Key psychologist, Florida Psychological Association. Duties included: networking with and educating key legislators on issues negatively affecting mental health consumers and practitioners in the state of Florida.
- 3/2001-6/2001 Psychologist, private practice with Bay Area Psychiatric Consultants. Tampa, FL, National and State Certified Clinical Hypnotherapist.
- 1/2000-4/2007 Team Psychologist for Children’s Medical Services Craniofacial Clinics. Tampa and St. Petersburg, FL.
- 10/2000-7/2002 Psychologist, private practice at The Brain Enhancement Institute, Palm Harbor, FL.
- 1998-2005 Board member, Pace Center for Girls, Pasco County, FL.
- 2/1997-8/2010 Court appointed Psychologist for Incapacity and Competency/Sanity evaluations. Court testimony often required. Ages range from 5-105.
- 11/1997- Psychologist (part-time) Paradigm Health Services, Inc., Largo, FL

- 4/1999 Responsibilities included providing treatment, evaluation, and consultation for residents at nursing and rehabilitation facilities. Clients treated ranged in age from 50-100, with diverse diagnoses and varying levels of functioning.
- 6/1997-11/1997 Psychologist (part-time) for the Center for Treatment of Depression, Holiday, FL. Provided services and consultation for patients with depression in a partial hospitalization program.
- 1996-present Court appointed Psychologist for Competency and Competency/Sanity evaluations, adults, and juveniles. Court testimony is often required.
- 5/1996-8/2001 Licensed Psychologist, private practice at Psychological Management Group. Tampa, Tarpon Springs and New Port Richey, FL. Responsibilities and experience delineated below.
- 1/1995-1/1996 Psychological Resident (private practice) at Psychological Management Group, Tampa, FL. Responsibilities included completing psychological evaluations for clients referred by the Department of Corrections and/or Health and Rehabilitative Services, pre-teen through adult. Individual and family psychotherapy (generally short-term, clients ranging from three through eighty), group psychotherapy for a wide range of clientele/problems, including, but not limited to, juvenile through adult sexual offenders, child victims of sexual abuse, adolescent, and adult survivors of sexual abuse, domestic violence offenders, mood disorders, and delinquency (approximately ten different topical groups per week), grant writing, consultation, liaison duties, and research participation and presentation. Responsible for running Pasco Sexual Offender Treatment Program for seven years for female teens and adult males.
- 1/1995-1/1996 Adjunct faculty member for Nova Southeastern University Center for Psychological Studies – Masters’ Programs. Professor of: Couples and Family Counseling Strategies and Beginning Counseling Skills.
- 10/1994-1/1995 Psychological Resident at Coastal Recovery Centers, Inc., Sarasota, FL. Conducted psychological evaluations with a diverse clientele under contract with Health and Rehabilitative Services of Florida, provided consultation to professionals involved in cases referred.
- 8/1993-9/1994 Honorary faculty member at the Missouri Institute of Mental Health, and University of Missouri-Columbia, Department of Psychiatry and Neurology.
- Psychology Postdoctoral Fellow at St. Louis State Hospital Forensic Services. Conducted pre-trial and pre-sentencing evaluations for county and city courts, including extensive report writing and diagnostic assessment, psychological assessment, supervised interns, provided individual and group psychotherapy (11 hours/week), court testimony, in-service and case conference presentations, participated in treatment team, patient review, and patient community meetings; attended relevant conferences and continuing education workshops, presented research at professional conferences, and contributed to research on the prediction

of dangerousness; received training, and was co-therapist for adult sexual offender groups, approximately 4 hours/week.

1993 Completed dissertation entitled Detection of Malingering: A Comparison of Clinicians' Accuracy Rates, Confidence in Judgment, and Strategies of Detection.

This dissertation involved an experiment which examined malingering detection in a clinical interview setting and received Nova Southeastern University's Research Award in 1994. As a result, was presented at a forensic conference in Puerto Rico, 1994.

8/1992-9/1993 Psychology Intern for the State University of New York, Counseling Center, Buffalo, NY. Completed 3-5 intake evaluations per week, had crisis intervention responsibilities, performed individual and group psychotherapy (12-14 hours per week), conducted workshops, member of research committee, consultation duties, supervision of practicum students, in-service and case conference presentations, participated in research and presented findings, vocational assessment, and career counseling, and psychological assessment. Also completed a rotation at a State Psychiatric Hospital. Duties included conducting psychological screenings, (diagnostic assessments), psychological evaluations, co-leading group therapy and participation in treatment team meetings.

3/1991-7/1992 Child/adolescent/family therapist for Counseling Care Center, Plantation, FL. Responsibilities included: providing individual, play and family therapy; parent, teacher, and physician consultation; psychoeducational testing, and liaison duties.

2/1989-7/1992 Individual/group/family therapist at the Starting Place, Inc. Hollywood and Pompano Beach, FL. Responsibilities included: providing individual and family therapy for a caseload of substance abusing adolescents and their families, adult Federal Probation, Department of Corrections, and DUI clients, leading/facilitating peer group therapy with adolescent clients, and co-leading/facilitating multifamily group therapy sessions weekly; organizing fund-raising activities, assisting in program development. Originally employed as a residential therapist, then promoted to the outpatient facility.

Individual/group/family/couples therapist for Solomon Center for Girls, a therapeutic group home in Pompano Beach, FL, for severely emotionally disturbed adolescent females. Responsibilities included: individual/family/marital/group therapy with a caseload of adolescent clients and their families, psychological evaluations, staff and program development, case management and consultation with HRS, high school faculty and staff, and served as liaison between the client, client's family, and other treatment facilities or professionals involved in the clients' treatment. Therapy was long term, with an integrative orientation, utilizing a milieu treatment approach.

Peer supervisor for first year graduate clinical psychology students. Presented cases and illustrated therapeutic process and technique. Was responsible for

evaluating and grading students' understanding of clinical issues and intervention techniques.

8/1988 - Individual/group/family/couples/play therapist for the South Dade Community
8/1989 Mental Health Center, Miami, FL (first practicum).

9/1988- Developed and co-led parent training group project, collected, and assisted in the
1/1990 analysis of data for the purpose of evaluating the project. Provided intake services and therapy for a caseload of diverse clientele, on a primarily long-term basis, psychodynamic, humanistic, and family systems approaches.

Family crisis intervention counselor for Nova University Institute for Social Services to Families. Duties included: case management, crisis intervention, solution-focused family therapy, liaison responsibilities.

Adjunct faculty member for the Friedt School of Business and Entrepreneurship Masters' program in Human Services. Professor of: Theory and Practice of Group Counseling, and Human Services for the Child and Adolescent.

8/1986- Peer counselor for the University of West Florida.
6/1987

1984 Juvenile counselor for JASP (statewide diversion program). Duties included: individual and group counseling, family intervention, vocational, educational, and personal counseling, job placement

Conducted independent behavioral research study, resulting in a paper entitled: Modification of Weekly Exercise Activity: A Behavioral Approach to Habitual Fitness.

1983-1985 Research Assistant – study dealt with behavior modification technique with normal and developmentally delayed children, conducted by Jeri Breiner, Ph.D. Study published, 1985.

1984-1985 Individual research project - study dealt with self-efficacy and proficiency in deceit; this study provided preliminary data for master's thesis. Assumed role of independent researcher/experimenter. Project presented at the annual convention of the Southeastern Psychological Association in Atlanta, Georgia.

Volunteer for Parent's Anonymous, Tuscaloosa, Alabama.

Research Assistant – study dealt with content analysis of racial stereotypes in prime-time television shows. Co-authored a manuscript on the study: Crime and Adventure: A Content Analysis of Television Criminals. Manuscript published 1985.

Experimental confederate-study dealt with group conformity and suspicion, conducted by Lisa Schemmel, University of Alabama.

Research Assistant – performed various tasks for several researchers at the University of Alabama.

Teaching intern for Psychology 101 class.

1982-1983 Teaching Assistant for the Child Development Center, University of Alabama.

1983 Volunteer, Tuscaloosa Boys' Club.

2003 Volunteer, Psychological Learning Center, Bryce Hospital, Tuscaloosa, Alabama.

PROFESSIONAL MEMBERSHIPS

Member, EAGALA (Equine-assisted Growth & Learning Association, 2003-present).

Founding Member, ARCH (Areas for Change – Equusolutions, Inc., 2021-present).

Member, Alliance for a New Humanity (2008).

Member, Association for Research & Development (2007).

Member, Association for Transpersonal Psychology (2007).

Who's Who Among Mental Health Professionals: Honors Edition (2008).

Professional Member, Physicians for Social Responsibility (2008).

International Association for Advanced Clinical Hypnosis (Associate Trainer and Founding Member 2004-present).

American Institute of Rapid Trauma Resolution (Associate Trainer and Founding Member 2004-present).

Florida Cleft Palate and Craniofacial Association (2004)

Florida Psychological Association (1989-1992; 1999-2009)

American Psychological Association (1984-1995; 1998-2000; 2003-2008, 2023)

Healing Arts Alliance (1999; 2005)

Tampa Bay Association for Women Psychotherapists (1999, 2002)

Pasco Pediatric Foundation (1998-1999)

The Association for Treatment of Sexual Abuse (1999)

APA Division 48 (Division of Peace Psychology (1991-1992)

Who's Who Among Human Services Professionals (1992-1993)

OTHER

Global Alliance for Ministries & Infrastructures for Peace (2013-present)

Peace 4 Tarpon (2013-present); Education & Training Committee, 2017

MENSA (1988-1991; 2001-2009, 2023)

Community Service Counsel of West Pasco (1998-2000)

Big Brothers/Big Sisters (2001-2007)

PROFESSIONAL PRESENTATIONS AND PUBLICATIONS

2/2022 Co-presenter of: Innovative, evidence-driven holistic methods for trauma resolution: Ecotherapy & more! Presented live at the 12th annual Healing Together conference, sponsored by An Infinite Mind. February 4-6, Orlando, Florida.

- 2/20 Co-presenter of: Comprehensive Trauma Treatment: Combining ecotherapy, holistic methods, and psychotherapy. Presented at: Infinite Mind's 10th Annual Healing Together Conference, Orlando, Florida 2/7-2/9, 2020.
- 11/19 Presenter of: Ecotherapy: A treatment modality that can engage DID & severe trauma survivors to find healing. Presented at: Creating Resilience - 5th Annual DID Discovering Hope Conference - 11/15-11/16, 2019.
- 9/19 Guest speaker for DID Discovering Hope's 1st Annual Healing Retreat; presenter of: Therapeutic metaphor via storytelling as a powerful healing technique for trauma survivors (experiential & psychoeducational presentation), Legacy Lane Farm, Brooksville, Florida - 9/20-9/22, 2019.
- 3/19 Co-presenter of: Current research & innovative treatment strategies to promote resilience in trauma survivors. Presented at St. Leo University's 5th Annual Social Work Conference, San Antonio, Florida - 3/8/19.
- 8/18 Co-Panel presentation of: Thank You For Your Service. Documentary highlighting the wounds and paths to wellness of Iraq War veterans, including holistic treatments, and suggestions for change by military leaders, including those in the mental health field. American Psychological Association Annual Convention Film Festival, San Francisco, CA. 8/10/18.
- 10/17 Co-presenter of: Introduction to Equine-assisted Psychotherapy: How it helps heal trauma. Presented at the 2nd annual DID Discovering Hope Conference, October 2017, Safety Harbor, Florida.
- 2014 Co-presenter of; Equine Therapy for Trauma Recovery. A psychoeducational and experiential demonstration of equine-assisted psychotherapy. The Circle of Veterans & Families, Inc., Dade City, FL, 3/17.
- 2014 Integrating Equine Co-facilitated Modalities with Parent Effectiveness and Communication, presented and demonstrated at Eckerd Youth Academy, Brooksville, FL.
- 2010 Co-presenter of: An Introduction to Equine Co-facilitated Interventions. CE workshop for mental health professionals and live community demonstration, Casey's Healing Hooves, Hudson, FL, 5/31.
- 2005-2010 Presenter of : Utilizing Equine Co-facilitated Modalities for Trauma Treatment. Peace for Tarpon organization, Tarpon Springs, FL.
Presenter of: Frozen Grief, CE workshop for mental health professionals, Palm Harbor, FL.
- 2009 Co-presenter of: Treatment Strategies for Military Women With PTSD and/or MST. CE workshop for mental health professionals. Odessa,

Tarpon Springs, and Hudson, FL.

- 2009 Presenter of: Essentials of Equine Assisted Learning and Application of Equine Facilitated Assisted Psychotherapy, Learning and Coaching (live demonstration) presented at Northeast Maine Equine Expo, Treasure Equestrian Center, Manchester, ME, 4/25-4/27
- 11/08-present Author of: Resurrecting Self: Understanding and Treating Military Women with PTSD & MST. A guide for survivors and those who love and care for them. (Text in process).
- 2008, Presenter of: Frozen Grief, brunch-n-learn workshop for Suncoast Hospice, Largo, FL.
- 6/04-2007 Trainer-Presenter Hypnotherapy Certification Course: Trainer for week-long certification courses in beginners' hypnotherapy in Rapid Trauma Resolution and Frozen Grief, Brooksville, FL and Birmingham, AL. Offered by the Institute for Survivors of Sexual Trauma.
- 2006 Co-presenter of: The Efficacy of Hypnosis for Surgery Patients Before, During, and After Surgery. Power point presentation at the Annual Craniofacial Cleft Palate Association meeting in Delray Beach, FL.
- 2000 Co-author of: A Proposal for Comprehensive, Community Based Treatment of Female Juvenile Sexual Offenders, in Calder, M. (Ed. 2002) Young People Who Sexually Abuse: Building the Evidence Base for Your Practice. Dorset, London: Russell House Publishing, pp.251-264
- 1999 Presenter of: A Proposal for Comprehensive Outpatient Treatment of Female Juvenile Sex Offenders. Presented at the annual meeting of the Association for the Treatment of Sexual Abuse, Orlando, FL.
- 1999 Presenter of: Comprehensive Outpatient Treatment of Female Juvenile Sex Offenders: A Pilot Study. Research presented at the Fifth National Colloquium of the American Professional Society on the Abuse of Children.
- 1995 Author of: Detection of Malingering: A Comparison of Clinicians' Accuracy Rates, Confidence in Judgment, and Strategies of Detection. Article accepted for publication in *Psychotherapy in Private Practice.*
- 1994 Presenter of: Malingering Detection: A Process and Outcome Comparison. Dissertation research project presented at the annual meeting of the American Academy of Psychiatry and the Law, San Juan, Puerto Rico.
- 1995 Presenter of: An Examination of Aversion Therapy, Incarceration and Capital Punishment as Exemplified Through A Clockwork Orange. Presented at Missouri Institute of Mental Health's Weekly Film Festival, St. Louis, MO.

- 1994 Co-presenter of: Assessment and Treatment of a Deaf Forensic Patient: A Case Study. Paper presented at the American College of Forensic Psychology annual symposium, Montreal, Canada.
- 1992 Co-presenter of: Who Are These Students and What Do They Want? Needs assessment research presented at the Annual Convention of University Counseling Centers of Upstate New York, Binghamton, NY.
- 1991 Author of paper: Detection of Malingering: A Comparison of Accuracy Rates Between Doctoral Trainees and Post-Doc Professionals. Paper presented at the annual convention of the Florida Psychological Association, Key West, FL.
- 1987 Author of empirical thesis: Effects of Familiarity and Communication Mode On the Detection of Deception.
- 1985 Co-author of article entitled: Crime and Adventure: A Content Analysis of Television Criminals. Paper presented at the annual convention of the Southeastern Psychological Association, Atlanta, GA. Paper published, 1985.
- 1985 Abstract from independent research project presented at a symposium at the Southeastern Psychological Association's annual convention, Atlanta, GA. Topic: self-efficacy and proficiency with deceit.

REFERENCES

(Available upon request)